

**NOV 12** 



INCREASE RESILIENCY

# AND

LOWER CHRONIC TENSION

## VIRTUAL TRAINING

\$149/EA with POST credits in some states





#### **INCREASED RESILIENCY**

TacMobility equips you with the tools to bounce back stronger from the challenges of policing by breaking down the science behind cumulative stress.



#### **INTERACTIVE LEARNING:**

Active participation in training aids with cold exposure and emotional intelligence tools ensures practical application of concepts.



### **CHRONIC TENSION REDUCTION:**

Our mobility-focused third section targets chronic pain, enhancing your overall physical health and lowering the risk of stress-related issues.